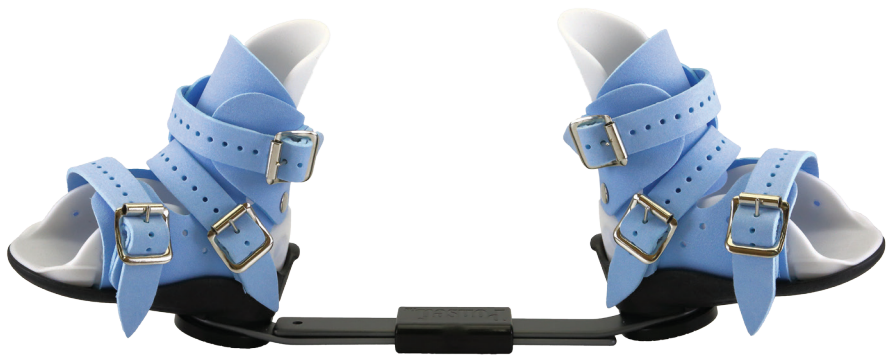


Fitting Guide

Ponseti Ankle Foot Orthosis (AFO) Abduction Brace



027_MKT_AFO_Fitting_Guide_V001

c-prodirect
Proud to support the Ponseti method

Fitting Guide

Ponseti Ankle Foot Orthosis (AFO) Abduction Brace

- The Ponseti AFO Abduction Brace should be used in accordance with the Ponseti method as directed by your clinician.
- Before fitting ensure the feet are clean and very dry.
- Sandals should be worn with close fitting, smooth, cotton rich socks that extend above the top of the AFO.
- When fitting sandals, try to make sure your baby or young child is in a calm or relaxed state, or even asleep. Fitting the AFO can easily be part of a regular bedtime ritual.

Step 1

Insert the child's foot into the open sandal with the buckles on the inside of the foot.



Step 2

Check the heel through the hole at the back of the sandal. The heel should be placed as far back as possible.



Step 3

Without allowing the foot to move forward, place the tongue across the front of the leg and top of the foot as shown.



Step 4

Secure the middle strap over the tongue firmly buckled to keep the foot in place. The hole in the tongue should be visible just above the strap. Optional use of a pressure saddle if required.



Step 5

Fasten the toe strap(s). The strap(s) do not need to be very tight, but care must be taken to ensure the foot is flat and the toes are straight.



Step 6

Fasten the top strap taking care not to over tighten and risk constraining blood flow to the foot.



Step 7

Check the width of the bar is shoulder width. If needed, adjust the bar by loosening the two screws in the connector using the allen wrench. Ensure the connector is positioned centrally, adjust and tighten just enough to stop the bar length from changing.



Step 8

Check the abduction angle of the bar. This is usually 30 degrees for a non-clubfoot and 60 degrees for the clubfoot. However, this must be agreed and directed by your clinician. To change the angle, you need to take out the outer screw on the dial completely and loosen the middle screw so that the dial is movable. Turn the dial to the desired angle, tighten the middle screw and put the outer screw back in.



Step 9

Attach the bar to the AFOs using the Quick Clips. Slide the Quick Clip into the slot on the sandal until it snaps into place. In unilateral cases attach the bar to the unaffected foot first.



Step 10

To remove, push the button on the quick clip mechanism to release each sandal. Please then reverse the steps.



Warnings and Precautions

Use only in accordance with these instructions and as directed by your clinician.

Consult your clinician immediately if the patient is experiencing any pain, blisters or sores or if the AFO is slipping on the patient's foot.

Do not bend the bar or allow children to walk with the bar attached. Bending of the bar may compromise therapeutic value and lead to breakage in use, which may cause harm to the patient.

Do not over tighten adjusting screws.

Do not use brace if any part of the Ponseti AFO is not in good condition or does not correctly fit the patient.

Clean AFOs and Bars using warm water only, avoid wetting the suede like gauntlet and straps.

Visit www.c-prodirect.co.uk or consult C-Pro Direct for further details.

Warranty, Replacement and Returns

We aim to provide the highest service levels for all of our customers. If the merchandise you received is defective or not as you ordered, please contact us for a quick resolution.

- Broken Sandal (within 6 months of wear): Free of charge replacement sandals will be provided if there is a manufacturing defect, or if any part of the sandal becomes damaged through normal use.
- Broken Sandal (after 6 months of wear): If a sandal breaks or becomes damaged through normal use and has been in use for more than 6 months then we require a new foot measurement to be taken to ensure that the current size is still appropriate for the child. If the current size is still appropriate a free of charge replacement will be provided.
- Broken Bar, Quick Clip, Heel Cap or Collar: A free of charge replacement will be provided if the bar or any part of the bar is broken or damaged through normal use in accordance with these instructions. Note: The product is for naptime and nighttime use only. Walking in the Ponseti AFO can damage the bar and wear the heel caps. Replacement heel caps are available on request.
- Incorrect Size: Please notify us within 7 days of receipt. Provided the product is returned in a re-saleable condition then a replacement of the correct size will be provided free of charge.
- Unwanted Product: If you are dissatisfied and request a refund these guidelines must be followed in order to receive a full credit: Products must be in new, re-saleable, unmarked condition and in original packaging. The products must be returned within 30 days of invoice date.

Exceptions

This policy and warranty is non transferable. The warranty is voided if the products are amended or altered in anyway, misused, or if they are not used in accordance with these instructions.

Ponseti AFOs are for use only with Ponseti abduction bars and Ponseti abduction bars are for use only with Ponseti AFOs. Please contact us if you experience problems not outlined in this policy.

Atypical matters will be handled on a case by case basis.

C-Pro Direct Ltd

7A Enterprise Way

Edenbridge, Kent, TN8 6HF, UK.

Tel: +44(0) 1732 860 158 Fax: +44(0) 845 280 7222

Email: enquiries@c-prodirect.com

www.c-prodirect.com

c-prodirect
Proud to support the Ponseti method